Coalition for Elder Justice in Connecticut

Partnering to Promote Rights and Prevent Abuse

www.elderjusticect.org
Overview of Session

- The Coalition
- Public and Private Partners Working with Older Adults
- CT Resources for Older Adults
- How to access services
Coalition for Elder Justice in Connecticut

- Established 2013, Executive Order 42 to Address Elder Justice Issues
- Public and private stakeholders
- Multi-disciplinary approach
- Independence, security and well-being
Coalition for Elder Justice in Connecticut

- Annual Elder Justice Symposium
- Monthly Newsletter
- Educational Programs
- Collaboration with community partners
  - Elder Justice Hotline - Attorney General’s Office
  - Fraud Fighting Fourth Fridays - AARP
  - Financial Agent Training - Department of Banking
  - Education programs - Police, EMTs, Senior Centers
How to Contact the Coalition for Elder Justice in CT

1-860-424-5224

Lara.Stauning@ct.gov

www.elderjusticect.org

CoalitionForElderJusticeInCT
State Unit on Aging (SUA) administers Older Americans Act programs for supportive services, in-home services, and congregate and home-delivered meals. It also administers programs that provide senior community employment, health insurance counseling, and respite care for caregivers.

The SUA works closely with the aging network partners to provide these services. Partners include Connecticut’s five area agencies on aging, municipal agents for the elderly, senior centers, and many others who provide services to older adults.
How to Contact the State Unit On Aging

1-860-424-5274

aging.sda@ct.gov

State Unit on Aging (ct.gov)

ADSConnecticut
Who is the Center for Healthy Aging?
- We are a team comprised of:
  - Resource Coordinators
  - Transitional Care Nurses
  - Dementia Specialists
  - Geriatric Care Management

- A free resource and assessment center to help adults and seniors navigate the complex healthcare and community-based services system.

Our goal is to provide the right level of care, at the right time, in the right place, to maximize an individual’s quality of life.
Hartford Healthcare
Center for Healthy Aging

Center for Healthy Aging additional services include:

- Educational Series - Dementia caregiver series, Healthy Brain series
- Lunch & Learns – Various health-related topics
- Speakers Bureau - topics on all forms of healthy aging
- Support Groups – Facebook group, Veterans, caregivers, dementia caregivers
- Live Well Work Shops – Chronic disease management, pain
- CHOICES Counseling- Medicare counseling
- Screenings - Memory, blood pressure, cholesterol, glucose
- Advantage News Magazine- Free quarterly publication which has health articles and a list of free educational events across HHC at varying community locations- call to sign up 1-877-424-4641

If you just don’t know where to start
the Center is here to help!
How can the Center for Healthy Aging help you?

The Center can help you, your family or your patients to navigate the complex healthcare system.

The Center can assist with connections to available social supports.

The Center can help people with dementia and their caregivers.

The Center can help educate the community on many healthrelated topics.

*If you just don’t know where to start the Center is here to help!*
Hartford HealthCare
Center for Healthy Aging

How to Contact Hartford HealthCare, Center for Healthy Aging

1-877-424-4641

centerforhealthyaging@hhchealth.org

hhccenterforhealthyaging.org

Hartford Healthcare Center for Healthy Aging Support Group
Senior Outreach and Engagement Program

Provides assessment and case management services to at risk older adults (55 and older). Services include:

- Education
- Support
- Counseling (including in-home counseling)
- Referrals to senior service networks,
- Referrals for treatment to stabilize behavioral health symptoms and improve quality of life
- Assisting the older adult with remaining integrated in the community in the least restrictive setting possible
COVID-19 Assistance for Community Health (COACH)

- Work with individuals with Serious Mental Illness and/or Substance Use Disorder.
- Coaches meet in the community with clients impacted by COVID-19 to help create individualized recovery plans that help support individuals in connecting to: Community resources, recovery supports, substance use treatment, mental health treatment, housing resources, social supports and transportation resources.
Nursing Home Diversion and Transition Program

Ensures that DMHAS clients are receiving services in the least restrictive, most integrated setting appropriate to their needs.

Nurse Clinicians and Case Managers focus on diverting clients from nursing home placements and transitioning clients from nursing homes back to the community who no longer require that level of care.
How to Contact the Department of Mental Health and Addiction Services

1-860-262-6953 (Laurene Gomez)

Laureen Gomez, Laurene.Gomez@ct.gov

Connecticut Department of Mental Health and Addiction Services

ctdmhas
Senior Resources Area Agency on Aging

**Information & Referral** - linking people to creditable information and services

**CHOICES** - providing free, unbiased, individualized counseling for Medicare enrollment and options

**Benefits Enrollment Screening and Assistance** - screening for over 5000 programs and assisting with applications when appropriate.

**Senior Nutrition Program** - Congregate or Home Delivered Nutritious Meals provided to people 60 and over funded through Older Americans Act
Senior Resources Area Agency on Aging

**National Family Caregiver Support** - Education and support of Caregiver to maintain their role providing care to a loved one. Funding for supportive homecare services and/or supplies including accessibility modifications.

**Grandparents Raising Grandchildren** - Education and support of people raising younger relatives. Funding for programs which give the caregiver a “break” such as camp, sports programs, etc.
Alzheimer’s Respite Care- Education and support of people caring for someone with dementia. Funding for Supportive homecare services and respite for the caregiver.

Money Follows the Person- Coordinated housing location and support services to transition Medicaid eligible persons to live in community instead of skilled nursing facility setting.

Congregate Housing Services Program- Resident Services Coordination of supportive services in Senior Housing (specific) locations.
Senior Resources Area Agency on Aging

**Senior Medicare Patrol** - Prevent, Detect and Report fraud and abuse within the Medicare system.

**Veterans Directed Care Program** - Assisting Veterans to manage their homecare needs

**Health and Wellness Programs** - Older Americans Act funded community-based services that improve health of older adults including Transportation, Footcare, Dental, Exercise, Education and more.
Elder Justice Multidisciplinary Team (M Team)-

Coordinate network of professionals that work with older adults in variety of settings to discuss challenging cases, gaps in services and work in supportive environment.
Senior Resources Area Agency on Aging

How to Contact Your Local Area Agency on Aging

Eastern CT/Middlesex: (860) 887-3561
North Central/Hartford: (860) 724-6443
South Central/New Haven: (203) 785-8533
Southwest/Bridgeport: (203) 814-3698
Western/Waterbury: (203) 757-5449

Area Agencies on Aging (ct.gov)
Protective Services for the Elderly (PSE) - System to support the safety and well-being of elders who may be subject to various forms of maltreatment. This system includes the PSE program, law enforcement, health and human services, and the court system. The PSE program is designed to safeguard people 60 years and older from physical, mental and emotional abuse, neglect (including self-neglect), abandonment and/or financial abuse and exploitation.
Department of Social Services, Elderly Protective Services

How to Contact Elderly Protective Services

1.888.385.4225 (211 after hours and on weekends)

Social Work Services--Related Resources (ct.gov)
Case Scenario #1 - Area Agency on Aging

Married couple facing foreclosure of home they lived in for 40 years, wife with significant depression and chronic obstructive pulmonary disease. Poor credit rating. Moved in temporarily with adult child until a first-floor affordable apartment available in a subsidized location.

- National Family Caregiver Support Program to assist education of caregiver adult child.
- Appealed to apartment management consider modified review for credit rating.
- Benefits screening for additional cost savings through Heating Assistance and Renters Rebate.
- CHOICES counseling for most appropriate Medicare plan to their individual needs, though they were slightly over-income for Medicare Savings Program.
- Home delivered meals and health supports initiated in new location.
- Initiated hospice care services to support wife’s end of life care, meeting her wishes to die in her home.
Case Scenario #2 – Elderly Protective Services

Karen, a 68-year-old female was facing eviction from her apartment. Reporter stated that someone showed up at client’s apartment to move her out on a Saturday. Elder was being evicted for non-payment of rent. The movers said that they would wait for her to get help on Monday, to provide her accommodation because she had disabilities, and had nowhere to go. Elder was a participant on the homecare program and reported that her PCA (non-agency) had not been paying her rent, client also stated that she did not know she was being evicted because her caretaker intercepted all her mail. Client stated that she would sign checks and give them to caretaker. Client stated caretaker was even stealing her money while she was hospitalized. Client stated that her relationship with caretaker became like a mother/daughter relationship but when client was evicted caretaker was nowhere to be found.

- Social Worker was able to place elder in a local motel while next steps were implemented with 211 CAN supports.
- Care Manager from homecare program was able to provide agency supports at the motel.
- A few days later, client reported that she was not feeling well, but was unable to get a COVID-19 test. Worker facilitated access to testing center and the client tested positive for COVID-19 and became more ill and was ultimately hospitalized.
- After hospitalization, client was able to be placed in a boarding home.
Case Scenario #3- Hartford HealthCare Center for Healthy Aging

57-year-old woman who is disabled and has a diagnosis of cancer, she recently moved from FL to CT. She was temporarily staying with a friend, but that was not a long-term solution. She needed to find alternative housing within a few days of the referral being made to the Center for Healthy Aging and it was not an option for her to live with family.

• Center for Healthy Aging provided her information on a number of local subsidized housing options, but there were extensive waiting lists.
• Connected her with 211 for more detailed listings and potential shelters for her.

Case Scenario #4- Hartford HealthCare Center for Healthy Aging

42-year-old woman preparing for spine surgery and living with her 3 young children living in a motel, but unable to continue paying and no other support available. She was referred to the CHA for a pre-op nursing visit.

• Transitional care nurse connected her with the Dept of Children and Family Services to find them affordable housing.
Contact Information

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