

Resources

Please visit the CCEH website for Updates, Resources, and Webinars: <https://cceh.org/2020/03/19/11330/>

Mental Health and Crisis

- Call 1-800-273-8255 for the **National Suicide Prevention Lifeline**
- Text HOME to 741-741 for **Crisis Text Line**
- Call 1-866-488-7386, text START to 678-678 to chat with **The Trevor Project (for LGBTQ youth)**
- Call 1-800-799-7233 or text LOVEIS to 22-522 to connect with **The National Domestic Violence Hotline**

Resources in CT

- 2-1-1

