

**Who I Am.... (prompts)**

PROMPT	YOUR FIRST INSTINCT WHEN THE PROMPT IS READ
1. What you consider your ancestry, race, ethnicity, religion	
2. Location or description of your neighborhood or house you grew up in	
3. Plant, flower, or something in nature	
4. Plant, flower, or something in nature	
5. A family tradition	
6. A trait that runs in your family	
7. Name of family member	
8. Name of another family member	
9. Name of another family member	
10. Something your parents, family members, or other important people in your life said to you growing up	
11. Something people in your family do	
12. Something you were told as a child	
13. Another thing you were told as a child	
14. Place of birth	
15. Food item representing your family	
16. Another food item	
17. Specific family story about a specific person	
18. A detail from the story	
19. Location of most important family pictures, mementos, and/or memorabilia	

## Who I Am ...

An important first step to feeling connected to the people and places around us is to realize what makes us who we are. "Who I Am..." poems help us to connect back to our families, our homes and the most basic elements that shape our lives. These are all of the small – yet critical – things that give us our identities. You'll be surprised that, when you're done, you will have said things about the sources of your unique personality that you may never have considered before. What's more, you will have created something of yourself to share—with your friends, colleagues, communities and families.

I am \_\_\_\_\_ from \_\_\_\_\_  
(1. what you consider your ancestry, race, ethnicity, religion)  
\_\_\_\_\_  
(2. location or description of your neighborhood or house you grew up in)

I am from the \_\_\_\_\_ and the \_\_\_\_\_  
(3. plant, flower, or something in nature) (4. plant, flower, or something in nature)

I am from \_\_\_\_\_ and \_\_\_\_\_  
(5. a family tradition) (6. a trait that runs in your family)  
\_\_\_\_\_  
(7. name of family member) (8. another family member) (9. another family member)

I am from \_\_\_\_\_ and \_\_\_\_\_  
(10. something your parents, family members, or other important people in your life said to you growing up)  
\_\_\_\_\_  
(11. something people in your family do)

From \_\_\_\_\_ and \_\_\_\_\_  
(12. something you were told as a child)  
\_\_\_\_\_  
(13. another thing you were told as a child)

I'm from \_\_\_\_\_ and \_\_\_\_\_  
(14. place of birth) (15. food item representing your family) (16. another food item)

From \_\_\_\_\_ and \_\_\_\_\_  
(17. specific family story about a specific person)  
\_\_\_\_\_  
(18. a detail from the story)

I am from \_\_\_\_\_  
(19. location of most important family pictures, mementos, and/or memorabilia)